

JANEIRO						FEVEREIRO						MARÇO					
DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)
01 QUI	07:00 12:50 19:30	9.25 ↑ 2.17 ↓ 10.26 ↑	17 SAB	02:20 08:20 13:50 20:10	2.02 ↓ 7.79 ↑ 2.93 ↓ 9.08 ↑	01 DOM ☉	02:20 08:40 14:40 20:40	1.19 ↓ 9.03 ↑ 1.91 ↓ 9.69 ↑	17 TER ☾	02:50 09:00 15:00 21:00	2.21 ↓ 8.41 ↑ 2.43 ↓ 9.28 ↑	01 DOM	01:10 07:30 13:30 19:40	1.31 ↓ 9.27 ↑ 1.78 ↓ 9.44 ↑	17 TER	01:40 08:00 14:00 20:00	2.37 ↓ 8.69 ↑ 2.24 ↓ 9.25 ↑
02 SEX	02:10 08:10 13:40 20:10	0.97 ↓ 8.74 ↑ 2.41 ↓ 10.40 ↑	18 DOM ☾	02:50 09:00 14:30 20:40	2.08 ↓ 7.64 ↑ 2.85 ↓ 9.29 ↑	02 SEG	03:00 09:20 15:20 21:30	1.65 ↓ 9.02 ↑ 1.92 ↓ 9.39 ↑	18 QUA	03:20 09:40 15:40 21:40	2.37 ↓ 8.55 ↑ 2.22 ↓ 9.33 ↑	02 SEG	02:00 08:10 14:20 20:30	1.62 ↓ 9.25 ↑ 1.55 ↓ 9.39 ↑	18 QUA ☾	02:20 08:30 14:40 20:50	2.46 ↓ 8.97 ↑ 2.01 ↓ 9.22 ↑
03 SAB ☉	02:50 09:10 14:40 20:50	0.92 ↓ 8.40 ↑ 2.43 ↓ 10.29 ↑	19 SEG	03:20 09:30 15:00 21:10	2.12 ↓ 7.79 ↑ 2.91 ↓ 9.49 ↑	03 TER	03:50 10:00 16:00 22:10	1.91 ↓ 8.85 ↑ 2.01 ↓ 9.31 ↑	19 QUI	04:00 10:10 16:20 22:30	2.37 ↓ 8.93 ↑ 2.03 ↓ 9.19 ↑	03 TER ☉	02:50 08:50 15:00 21:20	1.84 ↓ 9.00 ↑ 1.70 ↓ 9.20 ↑	19 QUI	03:00 09:10 15:20 21:30	2.50 ↓ 9.02 ↑ 1.92 ↓ 9.40 ↑
04 DOM	03:30 09:50 15:30 21:30	1.09 ↓ 8.61 ↑ 2.43 ↓ 10.03 ↑	20 TER	03:50 10:10 15:50 21:50	2.14 ↓ 7.93 ↑ 2.69 ↓ 9.46 ↑	04 QUA	04:30 10:40 16:40 22:50	2.23 ↓ 8.61 ↑ 2.21 ↓ 9.18 ↑	20 SEX	04:40 10:50 17:00 23:10	2.32 ↓ 9.03 ↑ 1.95 ↓ 9.34 ↑	04 QUA	03:40 09:40 15:40 21:50	1.89 ↓ 8.56 ↑ 2.03 ↓ 9.26 ↑	20 SEX	03:40 09:50 16:00 22:10	2.41 ↓ 9.09 ↑ 1.97 ↓ 9.54 ↑
05 SEG	04:10 10:30 16:20 22:20	1.44 ↓ 8.76 ↑ 2.30 ↓ 9.54 ↑	21 QUA	04:20 10:40 16:30 22:40	2.18 ↓ 8.38 ↑ 2.51 ↓ 9.15 ↑	05 QUI	05:20 11:20 17:10 23:30	2.21 ↓ 8.41 ↑ 2.61 ↓ 8.96 ↑	21 SAB	05:30 11:40 17:40	2.02 ↓ 8.88 ↑ 2.05 ↓	05 QUI	04:20 10:20 16:20 22:30	2.03 ↓ 8.40 ↑ 2.40 ↓ 8.93 ↑	21 SAB	04:20 10:30 16:40 22:50	2.20 ↓ 9.25 ↑ 2.12 ↓ 9.54 ↑
06 TER	04:50 11:00 17:00 23:10	1.87 ↓ 8.94 ↑ 2.29 ↓ 9.15 ↑	22 QUI	05:00 11:20 17:20 23:30	2.15 ↓ 8.64 ↑ 2.15 ↓ 8.92 ↑	06 SEX	06:00 12:10 18:00	2.28 ↓ 8.20 ↑ 2.76 ↓	22 DOM	00:00 06:20 12:40 18:40	9.24 ↑ 1.67 ↓ 8.60 ↑ 1.99 ↓	06 SEX	04:50 11:00 17:00 23:00	2.29 ↓ 8.35 ↑ 2.66 ↓ 8.63 ↑	22 DOM	05:10 11:20 17:30 23:30	1.80 ↓ 9.27 ↑ 2.11 ↓ 9.39 ↑
07 QUA	05:30 11:40 17:40	2.23 ↓ 8.79 ↑ 2.35 ↓	23 SEX	05:40 12:00 18:10	2.16 ↓ 8.77 ↑ 1.87 ↓	07 SAB	00:10 06:40 13:00 19:00	8.62 ↑ 2.33 ↓ 8.10 ↑ 2.81 ↓	23 SEG	00:50 07:10 13:40 19:50	9.07 ↑ 1.42 ↓ 8.56 ↑ 1.94 ↓	07 SAB	05:20 11:40 17:50 23:40	2.48 ↓ 8.34 ↑ 2.65 ↓ 8.18 ↑	23 SEG	05:50 12:20 18:40	1.69 ↓ 9.12 ↑ 1.69 ↓
08 QUI	00:00 06:20 12:30 18:30	8.91 ↑ 2.32 ↓ 8.45 ↑ 2.42 ↓	24 SAB	00:20 06:40 12:50 19:00	8.86 ↑ 1.90 ↓ 8.60 ↑ 1.83 ↓	08 DOM	00:50 07:10 13:50 20:00	8.22 ↑ 2.51 ↓ 8.05 ↑ 2.93 ↓	24 TER ☉	01:50 08:00 14:40 21:10	8.74 ↑ 1.42 ↓ 8.78 ↑ 1.84 ↓	08 DOM	05:50 12:20 18:40	2.66 ↓ 8.27 ↑ 2.60 ↓	24 TER	00:30 06:30 13:10 19:40	8.86 ↑ 1.80 ↓ 9.20 ↑ 1.49 ↓
09 SEX	00:40 07:10 13:30 19:20	8.82 ↑ 2.33 ↓ 8.08 ↑ 2.69 ↓	25 DOM	01:20 07:40 14:00 20:10	8.82 ↑ 1.62 ↓ 8.23 ↑ 1.92 ↓	09 SEG ☉	01:50 08:00 14:40 21:10	7.94 ↑ 2.66 ↓ 8.07 ↑ 3.04 ↓	25 QUA	03:00 09:00 15:40 22:20	8.45 ↑ 1.70 ↓ 9.16 ↑ 1.57 ↓	09 SEG	00:30 06:30 13:00 19:30	7.84 ↑ 2.76 ↓ 8.11 ↑ 2.64 ↓	25 QUA ☉	01:40 07:30 14:00 20:50	8.44 ↑ 1.88 ↓ 9.18 ↑ 1.30 ↓
10 SAB ☉	01:30 08:00 14:30 20:30	8.60 ↑ 2.35 ↓ 7.95 ↑ 2.99 ↓	26 SEG ☉	02:20 08:40 15:10 21:30	8.83 ↑ 1.43 ↓ 8.35 ↑ 2.15 ↓	10 TER	03:00 09:00 15:30 22:20	7.87 ↑ 2.90 ↓ 8.16 ↑ 2.97 ↓	26 QUI	04:30 10:10 16:40 23:20	8.38 ↑ 2.19 ↓ 9.47 ↑ 1.25 ↓	10 TER	01:30 07:20 13:40 20:30	7.72 ↑ 2.81 ↓ 7.90 ↑ 2.77 ↓	26 QUI	03:00 08:40 15:00 21:40	8.24 ↑ 2.12 ↓ 9.03 ↑ 1.35 ↓
11 DOM	02:30 08:50 15:30 21:50	8.35 ↑ 2.48 ↓ 8.10 ↑ 3.17 ↓	27 TER	03:20 09:40 16:20 22:50	8.78 ↑ 1.50 ↓ 8.95 ↑ 1.99 ↓	11 QUA	04:10 10:00 16:30 23:20	7.94 ↑ 3.17 ↓ 8.38 ↑ 2.75 ↓	27 SEX	05:40 11:20 17:30	8.77 ↑ 2.48 ↓ 9.66 ↑	11 QUA ☉	02:30 08:10 14:40 21:30	7.73 ↑ 2.88 ↓ 7.84 ↑ 2.91 ↓	27 SEX	04:10 10:00 16:00 22:40	8.51 ↑ 2.39 ↓ 8.99 ↑ 1.45 ↓
12 SEG	03:30 09:50 16:30 23:00	8.17 ↑ 2.73 ↓ 8.40 ↑ 2.92 ↓	28 QUA	04:30 10:40 17:20	8.77 ↑ 1.82 ↓ 9.62 ↑	12 QUI	05:20 11:00 17:30	8.06 ↑ 3.29 ↓ 8.65 ↑	28 SAB	00:20 06:40 12:30 18:40	1.10 ↓ 9.13 ↑ 2.23 ↓ 9.58 ↑	12 QUI	03:30 09:20 15:40 22:30	7.80 ↑ 3.03 ↓ 8.07 ↑ 2.86 ↓	28 SAB	05:10 11:10 17:20 23:40	8.99 ↑ 2.32 ↓ 9.03 ↑ 1.67 ↓
13 TER	04:50 10:40 17:20	8.07 ↑ 3.04 ↓ 8.67 ↑	29 QUI	00:00 05:50 11:30 18:10	1.45 ↓ 8.84 ↑ 2.25 ↓ 10.05 ↑	13 SEX	00:10 06:10 12:00 18:20	2.52 ↓ 8.21 ↑ 3.18 ↓ 8.88 ↑				13 SEX	04:40 10:20 16:40 23:30	7.95 ↑ 3.23 ↓ 8.47 ↑ 2.63 ↓	29 DOM	06:10 12:20 18:30	9.23 ↑ 1.84 ↓ 9.12 ↑
14 QUA	00:00 05:50 11:40 18:10	2.50 ↓ 8.15 ↑ 3.18 ↓ 8.80 ↑	30 SEX	00:50 07:00 12:40 19:00	1.06 ↓ 8.86 ↑ 2.36 ↓ 10.15 ↑	14 SAB	01:00 07:00 12:40 19:00	2.30 ↓ 8.20 ↑ 3.08 ↓ 9.09 ↑				14 SAB	05:40 11:20 17:40	8.17 ↑ 3.27 ↓ 8.81 ↑	30 SEG	00:40 07:00 13:10 19:20	1.88 ↓ 9.20 ↑ 1.56 ↓ 9.36 ↑
15 QUI	00:50 06:50 12:30 19:00	2.22 ↓ 8.09 ↑ 3.13 ↓ 8.82 ↑	31 SAB	01:40 08:00 13:40 19:50	0.91 ↓ 8.83 ↑ 2.24 ↓ 9.98 ↑	15 DOM	01:40 07:50 13:30 19:40	2.18 ↓ 8.08 ↑ 2.85 ↓ 9.22 ↑				15 DOM	00:20 06:30 12:20 18:30	2.40 ↓ 8.41 ↑ 3.03 ↓ 9.01 ↑	31 TER	01:40 07:50 14:00 20:10	1.90 ↓ 8.93 ↑ 1.53 ↓ 9.35 ↑
16 SEX	01:40 07:40 13:10 19:40	2.06 ↓ 7.93 ↑ 3.04 ↓ 8.89 ↑				16 SEG	02:20 08:30 14:10 20:20	2.10 ↓ 8.11 ↑ 2.73 ↓ 9.27 ↑				16 SEG	01:00 07:20 13:20 19:20	2.32 ↓ 8.54 ↑ 2.54 ↓ 9.09 ↑			

ABRIL						MAIO						JUNHO					
DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)
01 QUA ☀	02:30 08:40 14:40 20:50	1.88 ↓ 8.61 ↓ 1.85 ↓ 9.23 ↑	17 SEX ☾	02:40 08:50 15:00 21:10	2.34 ↓ 9.21 ↑ 1.95 ↓ 9.62 ↑	01 SEX ☀	02:30 09:00 15:20 21:10	2.33 ↓ 8.73 ↑ 1.89 ↓ 8.29 ↑	17 DOM ☾	02:50 09:20 15:50 21:40	2.08 ↓ 9.85 ↑ 1.52 ↓ 8.97 ↑	01 SEG ☾	03:10 09:30 16:10 22:10	3.00 ↓ 8.73 ↑ 2.03 ↓ 7.54 ↑	17 QUA ☀	04:00 10:10 16:50 23:10	2.65 ↓ 10.24 ↑ 1.29 ↓ 8.76 ↑
02 QUI	03:10 09:30 15:30 21:30	1.99 ↓ 8.40 ↑ 2.07 ↓ 8.85 ↑	18 SAB	03:20 09:40 15:50 21:50	2.14 ↓ 9.20 ↑ 1.99 ↓ 9.53 ↑	02 SAB	03:10 09:30 16:00 21:50	2.56 ↓ 8.77 ↑ 1.96 ↓ 7.92 ↑	18 SEG	03:20 10:00 16:30 22:30	2.33 ↓ 10.14 ↑ 1.41 ↓ 8.63 ↑	02 TER	03:40 09:50 16:40 22:40	3.02 ↓ 8.83 ↑ 2.19 ↓ 7.53 ↑	18 QUI	04:50 10:50 17:30 23:50	2.57 ↓ 9.87 ↑ 1.62 ↓ 8.99 ↑
03 SEX	03:40 10:00 16:10 22:00	2.30 ↓ 8.52 ↓ 2.32 ↓ 8.55 ↑	19 DOM	04:00 10:20 16:40 22:30	1.97 ↓ 9.56 ↑ 1.89 ↓ 9.32 ↑	03 DOM	03:30 10:00 16:30 22:30	2.96 ↓ 8.70 ↑ 2.15 ↓ 7.68 ↑	19 TER	04:10 10:30 17:20 23:30	2.47 ↓ 10.46 ↑ 1.07 ↓ 8.38 ↑	03 QUA	04:10 10:30 17:10 23:20	2.99 ↓ 8.74 ↑ 2.24 ↓ 7.48 ↑	19 SEX	05:50 11:50 18:10	2.17 ↓ 9.20 ↑ 2.03 ↓
04 SAB	04:10 10:30 16:50 22:40	2.59 ↓ 8.59 ↑ 2.40 ↓ 8.10 ↑	20 SEG	04:30 11:00 17:30 23:30	2.10 ↓ 9.89 ↑ 1.63 ↓ 8.72 ↑	04 SEG	04:00 10:20 17:00 23:10	3.10 ↓ 8.71 ↑ 2.29 ↓ 7.56 ↑	20 QUA	05:00 11:10 18:00	2.63 ↓ 10.22 ↑ 1.13 ↓	04 QUI	04:40 11:00 17:50	2.99 ↓ 8.81 ↑ 2.10 ↓	20 SAB	00:30 06:40 12:50 19:10	9.00 ↑ 2.01 ↓ 8.83 ↑ 2.12 ↓
05 DOM	04:40 11:00 17:30 23:30	2.82 ↓ 8.56 ↑ 2.39 ↓ 7.74 ↑	21 TER	05:10 11:40 18:30	2.28 ↓ 10.04 ↑ 1.17 ↓	05 TER	04:40 10:50 17:40 23:40	3.03 ↓ 8.61 ↑ 2.29 ↓ 7.58 ↑	21 QUI	00:20 06:00 12:00 18:40	8.59 ↑ 2.48 ↓ 9.59 ↑ 1.42 ↓	05 SEX	00:00 05:30 11:40 18:30	7.56 ↑ 2.86 ↓ 8.64 ↑ 1.98 ↓	21 DOM ☾	01:30 07:30 13:40 20:10	8.55 ↑ 2.12 ↓ 8.82 ↑ 2.18 ↓
06 SEG	05:10 11:30 18:10	2.96 ↓ 8.43 ↑ 2.38 ↓	22 QUA	00:30 06:00 12:30 19:20	8.46 ↑ 2.45 ↓ 9.70 ↑ 1.08 ↓	06 QUA	05:20 11:30 18:20	2.91 ↓ 8.44 ↑ 2.28 ↓	22 SEX	01:10 07:00 13:00 19:30	8.78 ↑ 2.21 ↓ 8.93 ↑ 1.76 ↓	06 SAB	00:50 06:30 12:30 19:10	7.68 ↑ 2.62 ↓ 8.27 ↑ 1.97 ↓	22 SEG	02:30 08:30 14:40 21:20	8.19 ↑ 2.45 ↓ 8.79 ↑ 2.15 ↓
07 TER	00:10 05:50 12:10 18:50	7.65 ↑ 2.95 ↓ 8.17 ↑ 2.44 ↓	23 QUI ☾	01:40 07:10 13:20 20:10	8.33 ↑ 2.33 ↓ 9.22 ↑ 1.25 ↓	07 QUI	00:30 06:00 12:20 19:00	7.51 ↑ 2.83 ↓ 8.18 ↑ 2.26 ↓	23 SAB ☾	02:00 08:10 14:10 20:30	8.78 ↑ 1.99 ↓ 8.58 ↑ 2.07 ↓	07 DOM	01:40 07:40 13:30 20:00	7.85 ↑ 2.36 ↓ 7.96 ↑ 2.05 ↓	23 TER	03:40 09:40 15:40 22:10	8.09 ↑ 2.84 ↓ 8.70 ↑ 2.28 ↓
08 QUA	01:00 06:40 13:00 19:40	7.61 ↑ 2.82 ↓ 7.89 ↑ 2.53 ↓	24 SEX	02:40 08:30 14:20 21:00	8.49 ↑ 2.19 ↓ 8.76 ↑ 1.63 ↓	08 SEX	01:20 06:50 13:10 20:00	7.52 ↑ 2.75 ↓ 7.98 ↑ 2.19 ↓	24 DOM	03:00 09:10 15:20 21:40	8.54 ↑ 2.15 ↓ 8.65 ↑ 2.20 ↓	08 SEG ☾	02:40 08:50 14:50 21:10	7.98 ↑ 2.33 ↓ 8.02 ↑ 2.17 ↓	24 QUA	04:50 11:00 16:50 23:00	8.36 ↑ 2.78 ↓ 8.53 ↑ 2.50 ↓
09 QUI	01:50 07:30 13:50 20:40	7.59 ↑ 2.76 ↓ 7.78 ↑ 2.62 ↓	25 SAB	03:40 09:40 15:40 22:10	8.67 ↑ 2.23 ↓ 8.63 ↑ 1.90 ↓	09 SAB ☾	02:20 08:00 14:00 20:50	7.60 ↑ 2.68 ↓ 7.85 ↑ 2.22 ↓	25 SEG	04:00 10:10 16:30 22:50	8.44 ↑ 2.41 ↓ 8.82 ↑ 2.19 ↓	09 TER	03:30 09:50 16:00 22:10	8.21 ↑ 2.39 ↓ 8.47 ↑ 2.31 ↓	25 QUI	05:50 12:10 18:00 23:50	8.69 ↑ 2.32 ↓ 8.32 ↑ 2.76 ↓
10 SEX ☾	02:50 08:30 14:50 21:40	7.62 ↑ 2.83 ↓ 7.89 ↑ 2.61 ↓	26 DOM	04:30 10:50 17:00 23:20	8.90 ↑ 2.14 ↓ 8.82 ↑ 2.05 ↓	10 DOM	03:20 09:20 15:10 21:40	7.88 ↑ 2.83 ↓ 7.95 ↑ 2.34 ↓	26 TER	05:10 11:20 17:20 23:50	8.51 ↑ 2.44 ↓ 9.03 ↑ 2.14 ↓	10 QUA	04:40 11:00 17:00 23:20	8.56 ↑ 2.31 ↓ 9.01 ↑ 2.29 ↓	26 SEX	06:30 13:10 19:00	8.98 ↑ 1.89 ↓ 8.14 ↑
11 SAB	04:00 09:40 15:50 22:40	7.84 ↑ 3.10 ↓ 8.17 ↑ 2.52 ↓	27 SEG	05:30 11:50 18:00	8.97 ↑ 1.95 ↓ 9.14 ↑	11 SEG	04:20 10:30 16:30 22:40	8.33 ↑ 2.82 ↓ 8.37 ↑ 2.51 ↓	27 QUA	06:20 12:30 18:20	8.62 ↑ 2.17 ↓ 8.93 ↑	11 QUI	05:40 12:00 18:00	9.00 ↑ 2.13 ↓ 9.42 ↑	27 SAB	00:40 07:10 13:50 19:50	2.93 ↓ 9.05 ↑ 1.78 ↓ 7.98 ↑
12 DOM	05:00 11:00 17:00 23:30	8.28 ↑ 3.17 ↓ 8.55 ↑ 2.48 ↓	28 TER	00:20 06:30 12:40 19:00	2.05 ↓ 8.92 ↑ 1.91 ↓ 9.17 ↑	12 TER	05:10 11:30 17:40 23:40	8.79 ↑ 2.47 ↓ 8.85 ↑ 2.61 ↓	28 QUI	00:40 07:10 13:30 19:20	2.19 ↓ 8.82 ↑ 1.88 ↓ 8.56 ↑	12 SEX	00:10 06:40 13:00 18:50	2.17 ↓ 9.39 ↑ 1.88 ↓ 9.58 ↑	28 DOM	01:30 07:50 14:30 20:40	2.94 ↓ 8.96 ↑ 1.83 ↓ 7.67 ↑
13 SEG	06:00 12:00 18:00	8.68 ↑ 2.78 ↓ 8.86 ↑	29 QUA	01:20 07:30 13:40 19:40	1.89 ↓ 8.76 ↑ 1.82 ↓ 9.16 ↑	13 QUA	06:10 12:30 18:30	9.06 ↑ 2.01 ↓ 9.34 ↑	29 SEX	01:20 07:50 14:20 20:10	2.42 ↓ 8.95 ↑ 1.71 ↓ 8.19 ↑	13 SAB	01:00 07:30 14:00 19:50	2.04 ↓ 9.79 ↑ 1.55 ↓ 9.26 ↑	29 SEG ☾	02:10 08:30 15:10 21:10	2.92 ↓ 8.83 ↑ 1.94 ↓ 7.65 ↑
14 TER	00:20 06:40 13:00 19:00	2.53 ↓ 9.03 ↑ 2.17 ↓ 9.07 ↑	30 QUI	02:00 08:20 14:30 20:30	1.99 ↓ 8.70 ↑ 1.89 ↓ 8.69 ↑	14 QUI	00:40 07:00 13:10 19:20	2.51 ↓ 9.21 ↑ 1.93 ↓ 9.63 ↑	30 SAB	02:00 08:30 15:00 21:00	2.66 ↓ 8.89 ↑ 1.72 ↓ 7.77 ↑	14 DOM ☾	01:40 08:20 14:50 20:40	2.13 ↓ 10.03 ↑ 1.26 ↓ 8.94 ↑	30 TER	02:40 09:00 15:40 21:40	2.96 ↓ 8.86 ↑ 2.13 ↓ 7.60 ↑
15 QUA	01:10 07:20 13:40 19:50	2.56 ↓ 9.21 ↑ 1.87 ↓ 9.26 ↑				15 SEX	01:30 07:50 14:00 20:10	2.27 ↓ 9.32 ↑ 1.90 ↓ 9.56 ↑	31 DOM ☾	02:30 09:00 15:40 21:40	2.95 ↓ 8.82 ↑ 1.79 ↓ 7.57 ↑	15 SEG	02:20 08:50 15:40 21:40	2.38 ↓ 10.48 ↑ 0.91 ↓ 8.44 ↑			
16 QUI	01:50 08:00 14:20 20:30	2.60 ↓ 9.30 ↑ 1.81 ↓ 9.52 ↑				16 SAB ☾	02:10 08:40 15:00 20:50	2.12 ↓ 9.46 ↑ 1.71 ↓ 9.44 ↑				16 TER	03:10 09:30 16:10 22:30	2.55 ↓ 10.47 ↑ 1.13 ↓ 8.43 ↑			

JULHO						AGOSTO						SETEMBRO							
DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)		
01 QUA	03:10	2.97 ↓	17 SEX	04:40	2.11 ↓	01 SAB	04:10	2.63 ↓	17 SEG	05:40	2.65 ↓	01 TER	05:20	2.09 ↓	17 QUI	00:40	8.39 ↑		
	09:30	8.95 ↑		10:50	9.34 ↑		10:20	9.02 ↑		11:50	8.91 ↑		11:30	9.23 ↑		07:10	2.51 ↓		
	16:10	2.21 ↓		17:10	2.11 ↓		16:40	2.32 ↓		18:20	2.20 ↓		17:50	1.89 ↓		13:10	7.83 ↑		
	22:20	7.49 ↑		23:20	8.95 ↑		23:00	8.42 ↑								19:00	2.87 ↓		
02 QUI	03:40	3.00 ↓	18 SAB	05:20	2.16 ↓	02 DOM	05:00	2.28 ↓	18 TER	00:40	8.30 ↑	02 QUA	00:10	8.69 ↑	18 SEX	01:20	8.12 ↑		
	10:00	9.07 ↑		11:40	9.11 ↑		11:00	8.98 ↑		06:40	2.68 ↓		06:10	2.10 ↓		08:10	2.62 ↓		
	16:40	2.19 ↓		18:00	2.18 ↓		17:20	2.27 ↓		12:30	8.48 ↑		12:20	9.04 ↑		14:10	7.81 ↑		
	22:50	7.70 ↑					23:40	8.58 ↑		18:50	2.42 ↓		18:40	1.57 ↓		19:50	2.95 ↓		
03 SEX	04:20	2.94 ↓	19 DOM	00:10	8.60 ↑	03 SEG	05:40	2.12 ↓	19 QUA	01:30	8.24 ↑	03 QUI	01:10	8.57 ↑	19 SAB	02:10	7.89 ↑		
	10:30	9.14 ↑		06:00	2.36 ↓		12:00	8.68 ↑		07:40	2.76 ↓		07:20	1.92 ↓		09:00	2.81 ↓		
	17:10	2.14 ↓		12:20	9.07 ↑		18:10	2.09 ↓		13:30	8.10 ↑		13:20	8.69 ↑		15:20	7.81 ↑		
	23:30	7.92 ↑		18:50	2.16 ↓					19:40	2.57 ↓		19:30	1.48 ↓		21:00	3.07 ↓		
04 SAB	05:10	2.72 ↓	20 SEG	01:00	8.32 ↑	04 TER	00:30	8.45 ↑	20 QUI	02:20	8.22 ↑	04 SEX	02:10	8.69 ↑	20 DOM	03:20	7.99 ↑		
	11:20	8.77 ↑		06:50	2.59 ↓		06:40	1.86 ↓		08:50	2.85 ↓		08:40	1.77 ↓		10:00	2.89 ↓		
	17:50	2.05 ↓		13:10	8.83 ↑		12:50	8.71 ↑		14:40	7.93 ↑		14:30	8.37 ↑		16:20	7.92 ↑		
				19:40	2.15 ↓		19:10	1.75 ↓		20:30	2.84 ↓		20:30	1.63 ↓		22:00	3.27 ↓		
05 DOM	00:10	8.18 ↑	21 TER	02:10	8.01 ↑	05 QUA	01:30	8.20 ↑	21 SEX	03:10	8.23 ↑	05 SAB	03:00	9.03 ↑	21 SEG	04:20	8.29 ↑		
	06:10	2.31 ↓		08:00	2.79 ↓		07:40	1.93 ↓		09:50	2.87 ↓		09:50	1.58 ↓		11:00	2.79 ↓		
	12:10	8.46 ↑		14:00	8.55 ↑		13:50	8.68 ↑		15:50	7.92 ↑		15:50	8.31 ↑		17:20	8.10 ↑		
	18:40	1.99 ↓		20:30	2.26 ↓		20:10	1.48 ↓		21:40	3.14 ↓		21:30	2.09 ↓		23:00	3.35 ↓		
06 SEG	01:00	8.21 ↑	22 QUA	03:10	8.11 ↑	06 QUI	02:40	8.18 ↑	22 SAB	04:10	8.35 ↑	06 DOM	04:00	9.30 ↑	22 TER	05:20	8.61 ↑		
	07:10	1.98 ↓		09:20	3.00 ↓		08:50	2.14 ↓		10:50	2.75 ↓		10:50	1.32 ↓		12:00	2.57 ↓		
	13:10	8.27 ↑		15:10	8.25 ↑		14:50	8.61 ↑		17:00	8.02 ↑		17:10	8.65 ↑		18:10	8.33 ↑		
	19:30	2.00 ↓		21:20	2.54 ↓		21:10	1.47 ↓		22:40	3.33 ↓		22:50	2.44 ↓					
07 TER	01:50	8.15 ↑	23 QUI	04:10	8.38 ↑	07 SEX	03:50	8.67 ↑	23 DOM	05:10	8.54 ↑	07 SEG	05:00	9.49 ↑	23 QUA	00:00	3.15 ↓		
	08:10	1.95 ↓		10:40	2.83 ↓		10:10	2.13 ↓		11:50	2.54 ↓		11:40	1.26 ↓		06:10	8.83 ↑		
	14:20	8.37 ↑		16:20	8.10 ↑		16:00	8.57 ↑		18:00	8.11 ↑		18:10	9.15 ↑		12:40	2.50 ↓		
	20:40	1.88 ↓		22:20	2.91 ↓		22:00	1.78 ↓		23:40	3.27 ↓					19:00	8.46 ↑		
08 QUA	03:00	8.08 ↑	24 SEX	05:00	8.67 ↑	08 SAB	04:50	9.36 ↑	24 SEG	06:00	8.75 ↑	08 TER	00:00	2.30 ↓	24 QUI	01:00	2.70 ↓		
	09:10	2.20 ↓		11:40	2.44 ↓		11:30	1.64 ↓		12:40	2.40 ↓		06:10	9.54 ↑		07:00	8.93 ↑		
	15:20	8.65 ↑		17:30	8.10 ↑		17:20	8.69 ↑		18:50	8.12 ↑		12:40	1.35 ↓		13:20	2.53 ↓		
	21:50	1.85 ↓		23:20	3.16 ↓		23:00	2.22 ↓					19:00	9.46 ↑		19:40	8.61 ↑		
09 QUI	04:10	8.46 ↑	25 SAB	05:50	8.82 ↑	09 DOM	05:40	9.88 ↑	25 TER	00:30	3.08 ↓	09 QUA	01:10	1.71 ↓	25 SEX	01:50	2.27 ↓		
	10:30	2.34 ↓		12:30	2.17 ↓		12:20	1.23 ↓		06:50	8.88 ↑		07:10	9.55 ↑		07:50	8.92 ↑		
	16:30	8.91 ↑		18:30	8.13 ↑		18:30	8.89 ↑		13:30	2.24 ↓		13:30	1.67 ↓		14:00	2.60 ↓		
	22:40	1.88 ↓								19:40	7.98 ↑		19:50	9.37 ↑		20:10	8.85 ↑		
10 SEX	05:20	9.13 ↑	26 DOM	00:10	3.19 ↓	10 SEG	00:10	2.42 ↓	26 QUA	01:20	2.83 ↓	10 QUI	02:00	1.39 ↓	26 SAB	02:30	2.03 ↓		
	11:40	2.11 ↓		06:40	8.84 ↑		06:30	10.11 ↑		07:30	8.99 ↑		08:10	9.45 ↑		08:30	9.06 ↑		
	17:30	9.11 ↑		13:20	2.04 ↓		13:10	1.03 ↓		14:00	2.29 ↓		14:20	1.91 ↓		14:40	2.62 ↓		
	23:40	1.97 ↓		19:20	8.08 ↑		19:30	9.03 ↑		20:20	7.96 ↑		20:30	9.19 ↑		20:50	8.89 ↑		
11 SAB	06:20	9.72 ↑	27 SEG	01:00	3.03 ↓	11 TER	01:10	2.32 ↓	27 QUI	02:00	2.69 ↓	11 SEX	02:40	1.48 ↓	27 DOM	03:00	2.04 ↓		
	12:50	1.56 ↓		07:20	8.90 ↑		07:20	10.08 ↑		08:10	8.99 ↑		09:00	9.36 ↑		09:10	9.21 ↑		
	18:40	9.07 ↑		14:00	2.07 ↓		14:00	1.10 ↓		14:30	2.40 ↓		15:10	1.96 ↓		15:20	2.52 ↓		
				20:10	7.79 ↑		20:20	9.10 ↑		20:50	8.16 ↑		21:20	8.77 ↑		21:30	8.96 ↑		
12 DOM	00:30	2.16 ↓	28 TER	01:40	2.91 ↓	12 QUA	02:10	1.96 ↓	28 SEX	02:40	2.54 ↓	12 SAB	03:20	1.81 ↓	28 SEG	03:40	2.06 ↓		
	07:00	10.25 ↑		08:00	8.92 ↑		08:10	9.92 ↑		08:40	9.15 ↑		09:40	9.29 ↑		09:50	9.33 ↑		
	13:40	1.17 ↓		14:40	2.08 ↓		14:40	1.53 ↓		15:00	2.54 ↓		16:00	1.88 ↓		16:00	2.30 ↓		
	19:40	8.92 ↑		20:40	7.80 ↑		21:00	9.16 ↑		21:20	8.43 ↑		22:00	8.62 ↑		22:10	9.13 ↑		
13 SEG	01:20	2.36 ↓	29 QUA	02:20	2.82 ↓	13 QUI	03:00	1.73 ↓	29 SAB	03:20	2.35 ↓	13 DOM	04:00	2.23 ↓	29 TER	04:20	2.16 ↓		
	07:40	10.50 ↑		08:30	9.05 ↑		09:10	9.50 ↑		09:30	8.94 ↑		10:10	9.22 ↑		10:30	9.35 ↑		
	14:30	0.89 ↓		15:10	2.18 ↓		15:20	1.99 ↓		15:40	2.52 ↓		16:30	2.16 ↓		16:40	2.04 ↓		
	20:40	8.66 ↑		21:20	7.67 ↑		21:40	9.02 ↑		21:50	8.75 ↑		22:50	8.47 ↑		23:00	9.16 ↑		
14 TER	02:10	2.48 ↓	30 QUI	02:50	2.88 ↓	14 SEX	03:40	1.79 ↓	30 DOM	04:00	2.17 ↓	14 SEG	04:40	2.56 ↓	30 QUA	05:10	2.10 ↓		
	08:30	10.31 ↑		09:00	9.18 ↑		09:50	9.50 ↑		10:10	9.01 ↑		10:50	8.79 ↑		11:10	9.24 ↑		
	15:10	1.00 ↓		15:40	2.23 ↓		16:10	2.11 ↓		16:20	2.44 ↓		17:00	2.40 ↓		17:20	1.88 ↓		
	21:30	8.65 ↑		21:50	7.87 ↑		22:20	8.80 ↑		22:30	8.86 ↑		23:30	8.51 ↑		23:50	9.25 ↑		
15 QUA	03:10	2.29 ↓	31 SEX	03:30	2.79 ↓	15 SAB	04:20	2.01 ↓	31 SEG	04:40	2.06 ↓	15 TER	05:30	2.58 ↓					
	09:10	10.13 ↑		09:40	9.10 ↑		10:30	9.44 ↑		10:50	9.14 ↑		11:30	8.35 ↑					
	15:40	1.54 ↓		16:10	2.27 ↓		17:00	2.08 ↓		17:00	2.26 ↓		17:30	2.64 ↓					
	22:10	8.82 ↑		22:20	8.21 ↑		23:00	8.61 ↑		23:10	8.97 ↑								
16 QUI	04:00	2.13 ↓				16 DOM	05:00	2.33 ↓				16 QUA	00:00	8.57 ↑					
	10:00	9.70 ↑					11:10	9.25 ↑					06:20	2.52 ↓					
	16:20	1.94 ↓					17:40	2.14 ↓					12:20	7.98 ↑					
		22:40	9.07 ↑					23:50	8.40 ↑					18:10	2.79 ↓				

OUTUBRO						NOVEMBRO						DEZEMBRO					
DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)	DIA	HH:MM	ALT (m)
01 QUI	06:10 12:00 18:00	1.78 ↓ 8.89 ↑ 1.92 ↓	17 SAB	00:40 07:20 13:40 19:10	8.02 ↑ 2.50 ↓ 7.69 ↑ 2.89 ↓	01 DOM	00:50 07:40 14:10 19:50	9.44 ↑ 1.12 ↓ 8.50 ↓ 2.13 ↓	17 TER	01:40 08:20 15:00 20:50	7.77 ↑ 2.35 ↓ 7.71 ↑ 2.87 ↓	01 TER	01:40 08:00 14:20 20:40	8.71 ↑ 1.91 ↓ 8.75 ↑ 1.88 ↓	17 QUI	02:20 08:40 15:10 21:20	7.85 ↑ 2.23 ↓ 7.96 ↑ 2.51 ↓
02 SEX	00:40 07:10 13:10 19:00	9.30 ↑ 1.46 ↓ 8.44 ↑ 1.91 ↓	18 DOM	01:30 08:20 14:30 20:10	7.79 ↑ 2.63 ↓ 7.66 ↑ 2.89 ↓	02 SEG	01:50 08:30 15:00 21:10	8.87 ↑ 1.46 ↓ 8.76 ↓ 2.03 ↓	18 QUA	02:40 09:20 15:50 22:00	7.76 ↑ 2.43 ↓ 8.05 ↑ 2.97 ↓	02 QUA	02:50 09:10 15:30 21:40	8.70 ↑ 2.03 ↓ 8.43 ↑ 2.19 ↓	18 SEX	03:30 09:40 16:10 22:30	8.19 ↑ 2.35 ↓ 8.27 ↑ 2.53 ↓
03 SAB	01:20 08:10 14:30 20:00	9.39 ↑ 1.27 ↓ 8.19 ↑ 2.10 ↓	19 SEG	02:30 09:10 15:40 21:20	7.80 ↑ 2.71 ↓ 7.76 ↑ 3.12 ↓	03 TER	03:10 09:30 16:00 22:20	8.59 ↑ 1.82 ↓ 8.85 ↑ 2.02 ↓	19 QUI	04:00 10:20 16:50 23:10	8.12 ↑ 2.58 ↓ 8.49 ↑ 2.72 ↓	03 QUI	03:50 10:20 16:40 22:50	8.93 ↑ 2.03 ↓ 8.47 ↑ 2.37 ↓	19 SAB	04:30 10:50 17:10 23:30	8.67 ↑ 2.40 ↓ 8.73 ↑ 2.40 ↓
04 DOM	02:20 09:10 15:40 21:20	9.09 ↑ 1.24 ↓ 8.40 ↑ 2.26 ↓	20 TER	03:30 10:10 16:40 22:30	8.01 ↑ 2.68 ↓ 8.08 ↑ 3.28 ↓	04 QUA	04:30 10:40 17:00 23:20	8.76 ↑ 2.02 ↓ 8.95 ↑ 1.92 ↓	20 SEX	05:10 11:20 17:40	8.58 ↑ 2.70 ↓ 8.85 ↑	04 SEX	04:50 11:20 17:50	9.08 ↑ 2.02 ↓ 8.70 ↑	20 DOM	05:30 11:50 18:20	9.11 ↑ 2.28 ↓ 9.15 ↑
05 SEG	03:30 10:10 16:40 22:40	8.89 ↑ 1.38 ↓ 8.90 ↑ 2.27 ↓	21 QUA	04:30 11:00 17:40 23:40	8.30 ↑ 2.67 ↓ 8.47 ↑ 2.99 ↓	05 QUI	05:30 11:50 18:10	9.16 ↑ 2.01 ↓ 8.90 ↑	21 SAB	00:00 06:10 12:20 18:40	2.36 ↓ 9.02 ↑ 2.62 ↓ 9.02 ↑	05 SAB	00:00 05:50 12:10 18:50	2.19 ↓ 9.05 ↑ 2.10 ↓ 8.91 ↑	21 SEG	00:30 06:30 12:30 19:10	2.14 ↓ 9.30 ↑ 2.22 ↓ 9.59 ↑
06 TER	04:40 11:10 17:30 23:50	8.97 ↑ 1.62 ↓ 9.34 ↑ 1.88 ↓	22 QUI	05:40 11:50 18:20	8.63 ↑ 2.71 ↓ 8.83 ↑	06 SEX	00:20 06:30 12:50 19:10	1.79 ↓ 9.34 ↑ 1.87 ↓ 8.85 ↑	22 DOM	00:50 07:00 13:10 19:30	2.11 ↓ 9.34 ↑ 2.39 ↓ 9.18 ↑	06 DOM	01:00 06:50 13:00 19:30	1.91 ↓ 8.81 ↑ 2.25 ↓ 9.16 ↑	22 TER	01:40 07:20 13:20 19:50	1.66 ↓ 9.28 ↑ 2.18 ↓ 10.07 ↑
07 QUA	06:00 12:10 18:30	9.12 ↑ 1.86 ↓ 9.37 ↑	23 SEX	00:40 06:40 12:40 19:00	2.41 ↓ 8.84 ↑ 2.76 ↓ 9.04 ↑	07 SAB	01:10 07:20 13:40 20:00	1.83 ↓ 9.29 ↑ 1.81 ↓ 8.89 ↑	23 SEG	01:40 07:40 13:50 20:20	2.00 ↓ 9.54 ↑ 2.22 ↓ 9.34 ↑	07 SEG	02:00 07:50 13:40 20:10	1.58 ↓ 8.35 ↑ 2.55 ↓ 9.17 ↑	23 QUA	02:30 08:20 14:00 20:30	1.32 ↓ 8.86 ↑ 2.37 ↓ 10.38 ↑
08 QUI	00:40 07:00 13:10 19:20	1.59 ↓ 9.34 ↑ 1.93 ↓ 9.21 ↑	24 SAB	01:20 07:30 13:30 19:50	2.08 ↓ 9.05 ↑ 2.70 ↓ 8.99 ↑	08 DOM	02:10 08:10 14:10 20:40	1.75 ↓ 8.89 ↑ 2.16 ↓ 9.01 ↑	24 TER	02:40 08:30 14:30 21:00	1.76 ↓ 9.29 ↑ 2.14 ↓ 9.73 ↑	08 TER	02:50 08:50 14:20 20:40	1.44 ↓ 7.78 ↑ 2.80 ↓ 9.12 ↑	24 QUI	03:10 09:10 14:40 21:00	1.15 ↓ 8.66 ↑ 2.62 ↓ 10.67 ↑
09 SEX	01:30 07:50 14:10 20:20	1.51 ↓ 9.46 ↑ 1.75 ↓ 8.79 ↑	25 DOM	02:00 08:10 14:20 20:30	1.95 ↓ 9.30 ↑ 2.45 ↓ 9.09 ↑	09 SEG	03:00 08:50 14:50 21:20	1.74 ↓ 8.52 ↑ 2.44 ↓ 8.97 ↑	25 QUA	03:30 09:20 15:00 21:30	1.54 ↓ 8.86 ↑ 2.34 ↓ 10.31 ↑	09 QUA	03:30 09:30 15:00 21:10	1.53 ↓ 7.63 ↑ 2.94 ↓ 8.97 ↑	25 SEX	03:50 10:00 15:40 21:40	1.09 ↓ 8.62 ↑ 2.55 ↓ 10.52 ↑
10 SAB	02:20 08:30 14:50 21:10	1.66 ↓ 9.44 ↑ 1.83 ↓ 8.62 ↑	26 SEG	02:40 08:50 15:00 21:10	2.03 ↓ 9.42 ↑ 2.24 ↓ 9.33 ↑	10 TER	03:50 09:40 15:20 21:40	1.67 ↓ 7.97 ↑ 2.84 ↓ 9.05 ↑	26 QUI	04:10 10:10 15:40 22:10	1.40 ↓ 8.53 ↑ 2.55 ↓ 10.45 ↑	10 QUI	04:00 10:00 15:30 21:40	1.84 ↓ 7.63 ↑ 3.04 ↓ 8.85 ↑	26 SAB	04:20 10:50 16:30 22:30	1.43 ↓ 8.71 ↑ 2.45 ↓ 10.01 ↑
11 DOM	03:10 09:10 15:30 21:50	1.89 ↓ 9.12 ↑ 1.98 ↓ 8.66 ↑	27 TER	03:30 09:30 15:30 22:00	2.02 ↓ 9.36 ↑ 2.19 ↓ 9.45 ↑	11 QUA	04:20 10:20 15:50 22:10	1.91 ↓ 7.74 ↑ 3.09 ↓ 8.88 ↑	27 SEX	04:50 11:00 16:30 22:40	1.24 ↓ 8.49 ↑ 2.68 ↓ 10.54 ↑	11 SEX	04:30 10:30 16:00 22:10	2.12 ↓ 7.60 ↑ 3.04 ↓ 8.79 ↑	27 DOM	05:00 11:30 17:20 23:20	1.70 ↓ 8.98 ↑ 2.19 ↓ 9.54 ↑
12 SEG	04:00 09:50 15:50 22:20	2.02 ↓ 8.64 ↑ 2.50 ↓ 8.80 ↑	28 QUA	04:20 10:10 16:10 22:40	1.89 ↓ 9.19 ↑ 2.13 ↓ 9.81 ↑	12 QUI	04:50 11:00 16:30 22:40	2.14 ↓ 7.63 ↑ 3.10 ↓ 8.69 ↑	28 SAB	05:30 11:50 17:30 23:30	1.22 ↓ 8.67 ↑ 2.53 ↓ 9.93 ↑	12 SAB	05:00 11:00 16:30 22:50	2.28 ↓ 7.58 ↑ 3.03 ↓ 8.64 ↑	28 SEG	05:50 12:10 18:10	1.88 ↓ 9.05 ↑ 1.97 ↓
13 TER	04:40 10:30 16:20 22:50	2.16 ↓ 8.20 ↑ 2.81 ↓ 8.80 ↑	29 QUI	05:10 11:00 16:50 23:20	1.60 ↓ 8.82 ↑ 2.25 ↓ 10.02 ↑	13 SEX	05:20 11:40 17:00 23:20	2.33 ↓ 7.59 ↑ 3.09 ↓ 8.42 ↑	29 DOM	06:10 12:40 18:30	1.41 ↓ 8.88 ↑ 2.20 ↓	13 DOM	05:30 11:40 17:10 23:20	2.31 ↓ 7.57 ↑ 2.97 ↓ 8.58 ↑	29 TER	00:20 06:40 13:00 19:00	9.10 ↑ 2.07 ↓ 8.76 ↑ 1.97 ↓
14 QUA	05:20 11:20 16:50 23:20	2.20 ↓ 7.81 ↑ 3.04 ↓ 8.66 ↑	30 SEX	06:00 12:00 17:40	1.25 ↓ 8.51 ↑ 2.38 ↓	14 SAB	06:00 12:10 17:50	2.36 ↓ 7.61 ↑ 2.91 ↓	30 SEG	00:30 07:00 13:30 19:40	9.19 ↑ 1.66 ↓ 8.91 ↑ 1.81 ↓	14 SEG	06:10 12:30 18:10	2.19 ↓ 7.60 ↑ 2.73 ↓	30 QUA	01:20 07:40 14:00 20:00	8.94 ↑ 2.04 ↓ 8.33 ↑ 2.20 ↓
15 QUI	06:00 12:00 17:30 23:50	2.23 ↓ 7.74 ↑ 3.09 ↑ 8.41 ↑	31 SAB	00:00 06:50 13:10 18:40	9.94 ↑ 1.04 ↓ 8.35 ↑ 2.34 ↓	15 DOM	00:00 06:40 13:00 18:30	8.20 ↑ 2.38 ↓ 7.55 ↑ 2.87 ↓				15 TER	00:10 06:50 13:20 19:10	8.21 ↑ 2.13 ↓ 7.70 ↑ 2.52 ↓	31 QUI	02:10 08:50 15:10	8.95 ↑ 1.93 ↓ 8.11 ↑
16 SEX	06:40 12:50 18:20	2.33 ↓ 7.71 ↑ 2.99 ↓				16 SEG	00:50 07:30 14:00 19:30	7.94 ↑ 2.34 ↓ 7.55 ↑ 2.79 ↓				16 QUA	01:10 07:40 14:10 20:20	7.87 ↑ 2.14 ↓ 7.82 ↑ 2.42 ↓			